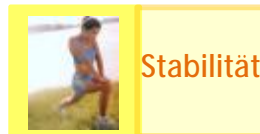
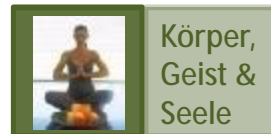
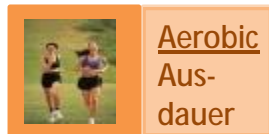
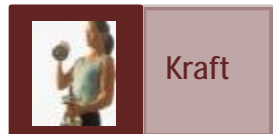


MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG		SONNTAG	
7:00 – 22:00		8:00 – 22:00		8:00 – 22:00		8:00 – 21:00		8:00 – 21:00		8:00-16:00		10:00-17:00	
Kursraum I	Outdoor/ Kursraum II	Kursraum I	Outdoor	Kursraum I	Outdoor	Kursraum I	Kursraum II	Kursraum I	Outdoor	Kursraum I	Outdoor	Kursraum I	Trainingsber.
09.30-10.30 WSG Laurenzio	9.15-10.00 Sensitive Circle Juliane		09.30-10.30 Nordic-Walking Ernst	9.15-10.00 B-B-P Claudia			9.30-10.15 Sensitive Circle Andi	9.30-10.30 Power-Styling Sonja					
10.30-11.30 YOGA Laurenzio				10.00-11.00 ZUMBA Claudia				10.30-11.30 Pilates Sonja			NEU!	10.30-11.30 YOGA Laurenzio	
				11.00-12.00 Pilates Michi								11.30-12.30 Fatburner-Cycling Bettina	
												10.00-11.00 Jogging Martina	
					17.30-18.30 Jogging Martina					11.00-12.00 Pump Annette		Bitte zum Jogging Kurs umgezogen kommen!	
					17.45-18.30 REHA-Sport Juliane					12.00-12.15 Bauchkiller Annette			
NEU! 18.00-19.00 Zumba Annette		18.30-19.00 Bauch & Po Jenny		NEU! 18.00-19.00 Powerstyling Sonja	18.00-19.00 Nordic.Walk. Ernst	18.00-19.00 Zumba Nicole		18.30-19.30 Fatburner-Cycling Andi	18.00-19.00 Nordic-Walk. Ernst	12.15-13.30 Pilates Annette		An jedem 1. Sa./Monat zwei Stunden Jogging	
19.00-20.00 Pilates Sonja	18.30-19.30 Jogging Martina	19.00-20.00 Rückensch. Jenny		NEU! 19.00-20.00 Zumba Sonja		19.00-20.00 B-B-P Juliane		19.40-20.00 Bauchkiller Andi					
				NEU! 20.00-21.00 Pilates Sonja									



Montag: 09.00-12.15 Uhr und 17.00-19.00 Uhr
 Mittwoch: 09.00-12.15 Uhr und 17.00-19.00 Uhr
 Donnerstag: 17.00-19.00 Uhr
 Freitag: 09.00-12.15 Uhr
 Sonntag: 10.30-12.30Uhr

